



ΦΟΡΕΑΣ ΔΙΑΣΦΑΛΙΣΗΣ ΚΑΙ ΠΙΣΤΟΠΟΙΗΣΗΣ ΤΗΣ ΠΟΙΟΤΗΤΑΣ ΤΗΣ ΑΝΩΤΕΡΗΣ ΕΚΠΑΙΔΕΥΣΗΣ
CYPRUS AGENCY OF QUALITY ASSURANCE AND ACCREDITATION IN HIGHER EDUCATION



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FORM NUM: 500.1.03

Academic Personnel Short Profile / Short CV

University:	Philips University
Surname:	SDRALIS
Name:	ELIAS (ILIAS)
Rank/Position:	Visiting Professor
Faculty:	Health Science
Department:	Nursing
Scientific Domain: *	Health Sciences

** Field of Specialization*

Academic qualifications (list by highest qualification)				
Qualification	Year	Awarding Institution	Department	Thesis title (Optional Entry)
PhD	2014	University of Patras	Medical School	Effect of sleeve gastrectomy with or without omentectomy on insulin sensitivity, gastrointestinal hormone secretion and adipocytokine levels in patients with morbid obesity
MSc	2019	Hellenic Open University (HOU)	Health Unit Management	An economic evaluation of obesity surgeries in Greece and the implications for patients' quality of life. The Case of European Interbalkan Medical Centre of Thessaloniki
MSc	2007	University of Patras	Clinical & Clinical-Laboratory Specialties	
MD (Degree in Medicine)	2000	Aristotle University of Thessaloniki	Medical School	
Commission	2000	Hellenic Military Academy for Combat Support Officers	Hellenic Army Medical Corps	



Employment history in Academic Institutions/Research Centers – List by the three (3) most recent

Period of employment		Employer	Location	Position
From	To			
2026	Present	Philips University	Nicosia, Cyprus	Visiting Professor
2021	Present	Interbalkan Medical Center of Thessaloniki	Thessaloniki, Greece	Director of Clinic of Surgery for Morbid Obesity & Metabolic Diseases
2018	2021	Interbalkan Medical Center of Thessaloniki	Thessaloniki, Greece	Scientific Director of Department of Obesity Surgery & Metabolic Diseases
2019	2020	300 Mobile Health Unit for Special Missions (300 DMTF)	Greece	Commander
2014	2018	Euromedica Clinic Kyanous Stavros	Thessaloniki, Greece	Scientific Director of Department of Obesity Surgery & Metabolic Diseases
2016	2019	424 General Military Training Hospital (424 MHT)	Thessaloniki, Greece	Consultant Surgeon
2014	2016	National Health Service (NHS) / Broomfield Hospital	United Kingdom	Specialist Upper GI Surgeon / Clinical Fellow
2012	2014	424 General Military Training Hospital (424 MHT)	Thessaloniki, Greece	Consultant Surgeon
2010	2012	1st Special Forces Brigade	Greece	Director of the Health Loss Reassessment Station
2006	2010	Patras University Hospital	Patras, Greece	Resident Training in General Surgery (Center of Excellence)
2004	2006	24 General Military Training Hospital (424 MHT)	Thessaloniki, Greece	Resident Training in General Surgery

Key refereed journal papers, monographs, books, conference publications etc. List the five (5) more recent and other five (5) selected –(max total 10)

Ref. Number	Year	Title	Other authors	Journal and Publisher / Conference	Vol.	Pages
1	2026	Gastrointestinal bleeding and perforated ulcer following one-anastomosis gastric bypass: Emergency subtotal gastrectomy and conversion to Roux-en-Y gastric bypass	Sdralis P.P. ,Chalkidis O., Davakis S., Skalimis A., Charalampopoulos A.	ECTES 2026		Eposter
2	2025	Lap Redo Interventions: RYGBP-LL After Multiple Failed Bariatric Managing Complications From ASGB/Removal, Gastric Sleeve, Endoscopic Dilation, Perforation, Open S-RYGBP Failure	Sdralis P.P., Skalimis A., Hatzinakos G., Charalampopoulos A.	Obesity Surgery, Springer Nature	35	1-860 (410)
3	2025	Cardiac Remodelling After Bariatric Surgery. Weight Loss Improves Cardiac Function (Wlic Study). Preliminary Results	Economou F., Samara M., Skalimis A., Belevlesli E., Doundoulakis I.	Obesity Surgery, Springer Nature	35	1-860 (561)



4	2025	MBS And The Power Of The Mind: Role Of Psychological Assessment And Mental Health, Psychological Resilience As A Mediator Between Body Mass Index And Anxiety	Tsatoli M., Ntoulos E., Samara M., Sdralis P.P. ...	Obesity Surgery, Springer Nature	35	1-860 (642)
5	2025	MBS And The Power Of The Mind: Role Of Psychological Assessment And Mental Health, Neuroticism Or Resilience: Which Better Predicts Dysfunctional Eating Behaviors Before Metabolic Bariatric Surgery?	Tsatoli M., Ntoulos E., Samara M., Sdralis P.P.	Obesity Surgery, Springer Nature	35	1-860 (643)



6	2019	Global 30-day outcomes after bariatric surgery during the COVID-19 pandemic (GENEVA): an international cohort study	Davakis S., Syllaos A., Lorenzi B., Kordzadeh A., Athanasiou A., Petousis S., Liakakos T., Charalabopoulos A.	Anticancer Research	39(8)	4291-4295
7	2013	A prospective randomized study comparing patients with morbid obesity submitted to sleeve gastrectomy with or without omentectomy	Argentou M., Mead N., Kehagias I., Alexandridis T., Kalfarentzos F.	Obesity Surgery (Springer)	23(7)	965-971
8	2017	Epidemiology, diagnosis, and management of esophageal perforations: systematic review	Petousis S., Rashid F., Lorenzi B., Charalabopoulos A.	Diseases of the Esophagus (Oxford Academic)	30(8)	1-6
9	2019	Reinforcement of intrathoracic oesophago-gastric anastomosis with fibrin sealant (Tisseel®) in oesophagectomy for cancer: A prospective comparative study	Tzaferai A., Davakis S., Syllaos A., Kordzadeha A., Lorenzia B., Charalabopoulos A.	The American Journal of Surgery (Elsevier)	219(1)	Online
10	2020	High mortality rate of oesophageal perforation is associated with delayed hospital admission: a prospective observational case series study	Petousis S., Margioulas-Siarkou C., Lorenzi B., Charalabopoulos A.	Acta Gastro-Enterologica Belgica	83(1)	11-14



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Academic Consulting Services and/or Participation in Councils / Boards/ Editorial Committees. List the five (5) more recent (Optional Entry)				
Ref. Number	Period	Organization	Title of Position or Service	Key Activities
1	2011	Aristotle University of Thessaloniki	Postgraduate Medical Instructor	Medical training and instruction
2	2006-Present	ATLS Greece	ATLS Instructor (Advanced Trauma Life Support)	Teaching and evaluating advanced trauma life support courses



**Other Achievements. List the five (5) more recent and other five (5) selected.
(max total 10) (Optional Entry)**

Ref. Number	Date	Title	Key Activities:
1	2026	Master Surgeon/Surgeon of Excellence in Metabolic and Bariatric Surgery Accreditation	International Accreditation by the Surgical Review Corporation
2	2026	Master Surgeon/Surgeon of Excellence in Metabolic and Bariatric Revisional Surgery Accreditation	International Accreditation by the Surgical Review Corporation
3	2023	Center of Excellence Recertification (COEBMS) and Surgeon of Excellence Recertification	International Certification of the Surgical Clinic and Surgeon by EAC-BS of IFSO
4	2021	Supreme Joint War College with Honor	Graduated 2nd in admission series - Interdisciplinary Staff Degree
5	2019	International Surgeon of Excellence Certification(SOEBMS)	Awarded the initial International Surgeon Certification of Excellence in Bariatric & Metabolic Surgery by the EAC-BS of IFSO.
6	2019	NATO Combat Ready Evaluation (CREVAL) Commendation	Received official congratulations from the General Commander / ASDYS, as Commander of the 300 DMTF, for a highly successful NATO Combat Ready Evaluation.
7	2017	Civil-Military Cooperation Commendation	Received official congratulations from the IMF/424GSNE for medical-social services delivered during an emergency posting on an island.

8	2013	Doctoral Thesis Distinction (PhD)	Completed Doctoral Thesis (PhD) at the Medical School of the University of Patras with the final grade of "Excellent".
9	2011	Advanced Army Health Education School Graduation with Honors	Received official congratulations from the PRR/HAGS for graduating 1st in the order of merit at the Advanced Education School of the Hellenic Army General Staff
10	2010	Chief of Staff Honorable Mention for Lifesaving Medical Rescue	Awarded an Honorable Mention by the Chief of Staff for providing critical rescue medical services to a Commando, saving his life from a gunshot trauma.